



Health & Wellbeing Board

<p>Title</p>	<p>Ageing Well Needs Assessment and Director of Public Health Annual Report 2024/2025</p>
<p>Date of meeting</p>	<p>9th May 2024</p>
<p>Report of</p>	<p>Janet Djomba, Interim Director of Public Health Janet.djomba@barnet.gov.uk</p>
<p>Wards</p>	<p>All</p>
<p>Status</p>	<p>Public</p>
<p>Urgent</p>	<p>No</p>
<p>Appendices</p>	<p>Appendix A – Ageing Well Health Needs Assessment 2024 (Executive Summary and Recommendations)</p> <p>Appendix B – Ageing Well Health Needs Assessment 2024 (Full Report)</p> <p>Appendix C – Draft Director of Public Health Annual Report 2024/2025</p> <p>Appendix D – Ageing Well Health Needs Assessment and Director of Public Health Annual Report PowerPoint Presentation, London Borough of Barnet Public Health</p> <p>Appendix E – Age Friendly Barnet PowerPoint Presentation, Age UK Barnet</p> <p>Appendix F – Ageing Well Presentation, Ageing Well Clinical Lead, Barnet, North Central London Integrated Care Board</p>
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<p style="text-align: center;">Summary</p>	
<p>The report provides an overview and update to the Health and Wellbeing Board on key findings and recommendations of the Ageing Well Health Needs Assessment produced by</p>	

Public Health Directorate (Appendices A and B). It also presents the draft Annual Director of Public Health Report for 2024/25, on Ageing Well (Appendix C).

The Health Needs Assessment uses insights to understand the current and future needs of Barnet's population to age well. It also highlights areas of work supporting ageing well in Barnet, and areas for improvement. Key recommendations from the reports fit into existing workstreams in Barnet. In addition to work delivered by Barnet Public Health, Health and Care System and VCSE organisations, there are also recommendations for consideration for the wider council.

Recommendations

That the Health & Wellbeing Board

- 1. Notes the facilitators and barriers around ageing well in Barnet, as identified in the Ageing Well Health Needs Assessment**
- 2. Notes the recommendations from the Ageing Well Health Needs Assessment and Director of Public Health Annual Report 2024/25**
- 3. Endorses the initial progression of work in this area**

1. Reasons for the Recommendations

- 1.1 The Ageing Well Health Needs Assessment and Director of Public Health Annual Report set the context locally and nationally for ageing well. The needs assessment reviews data from the last 5 years and 2021 Census and presents analysis of demographics, health outcomes, and disparities seen. It focuses on aspects of ageing well, such as health protection (vaccinations, cancer screening), healthcare services and the broader determinants of health. Special attention is given to population groups with poorer health outcomes or additional support needs. Both reports offer evidence-based recommendations for equitable access to measures which support ageing well. Recommendations in the Director of Public Health Annual Report are based on the longer list of recommendations from the Health Needs Assessment.

Background – Ageing Well

- 1.2 The World health Organisation (WHO) define healthy ageing as the 'process of developing and maintaining the functional ability that enables wellbeing in older age'. The WHO define functional ability as the capabilities enabling all people to be and do what they have reason to value: to meet their basic needs; learn, grow, and make decisions; be mobile; build and maintain relationships and contribute to society.
- 1.3 'Ageing Well' goes beyond health, incorporating factors like the environments people live in, housing, employment, and social connections.
- 1.4 Globally people are living longer lives, and this trend is expected to continue in the future. However, it is recognised that whilst people are living longer, healthy life expectancy is not increasing at the same rate¹. In Barnet, older adults (aged 65+) make up 14% of the population, with Barnet having the 6th highest proportion of older adults in London².

¹ Raleigh, V. (2022) What is happening to life expectancy in England, *The King's Fund*. Available at: <https://www.kingsfund.org.uk/publications/whats-happening-life-expectancy-england> (Accessed 13th October 2023)

² Office for health Improvement and disparities (2021) Local Authority Health Profiles. *Fingertips*. Available at: [Local Authority Health Profiles - Data - OHID \(phe.org.uk\)](https://www.localauthorityhealthprofiles.org.uk/) (Accessed 18th October 2023)

Strategic context of Ageing Well

- 1.5 **The Chief Medical Officer's (CMO) Annual Report, Health in an Ageing Society (2023)**³: This report reflects the need for policy and practice to focus efforts on improving the process for ageing well nationally. The report recognises inequalities seen across society which persist across the life course; whereby some people experience excellent health into later years, and others can spend many years living in poor health. The focus of the report is around improving quality of life in later years and adapting the environment across the themes of urban planning, housing, social care, and aids.
- 1.6 The current national policies of the NHS including the **Long-Term Plan**⁴ acknowledge the importance of anticipatory care planning and 'upstreaming' prevention to improve health and wellbeing. Specific areas of focus include promoting a multidisciplinary team approach, offering more support for informal carers, developing more rapid community response teams and more NHS support in care homes. This is intended to encourage cross-sector working to move towards preventative and anticipatory care models, and shift support from hospital-based services to more care and support being offered closer to or in people's homes.
- 1.7 **North Central London Integrated Care Board (NCL ICB) Population Health Outcomes Framework (PHOF) and Integrated Care Strategy**⁵: The NCL PHOF has specific indicators to monitor population health across three key areas of start well, grow well and age well. Within ageing well, the identified priorities are to enable people to live as healthy, independent, and fulfilling lives as possible and that people remain connected and thriving in their communities as they age.
- 1.8 **Barnet Borough Partnership (BBP) Ageing Well Workstream** aims to provide anticipatory care for residents 65 years+ living in Barnet at risk of becoming frail, losing their independence, living with dementia, or requiring support to remain well in their own home. The program strategically aligns with the Age Well NCL ICB Population health outcomes Strategy to:
- Support timely, proactive, and integrated care.
 - Support active ageing.
 - Reduce social isolation, and support people to remain connected.
 - Support early prevention, detection, and management of long-term conditions.
 - Support carers.
- 1.9 **Age-Friendly Barnet, led by Age UK Barnet**: Barnet has committed to becoming an Age-Friendly Community, in line with the WHO framework¹¹. This works towards ensuring Barnet is a place that enables people to age well and live a good later life. This work is being led by Age UK Barnet, with input from older adults in Barnet, various teams within the council, colleagues in health and social care and third sector organisations.

³ Whitty, C. (2023). *Health in an Ageing Society*. (Online) Department of Health and Social Care. Available at: <https://www.gov.uk/government/publications/chief-medical-officers-annual-report-2023-health-in-an-ageing-society> (Accessed 15th November 2023)

⁴ NHS England (2019). NHS Long Term Plan. Available at: [NHS Long Term Plan » Areas of work](#) (Accessed 10th October 2023)

⁵ NCL ICS (2022) Population Health Outcome indicators: North Central London

Ageing Well Health Needs Assessment (see Appendices A and B)

1.10 The goal of the health needs assessment is to develop an understanding of Barnet's population's health needs as they age, review services and support that is available currently, and make evidence-based recommendations for healthy ageing. While the scope covers diverse topics, areas not detailed are noted for future work. Detailed findings are presented in the full assessment (Appendix B), forming the basis for recommendations (Appendix A), and support for the implementation of national policies for ageing well in Barnet.

1.11 Here below is an overview of key recommendations from the Health Needs Assessment.

- Across these recommendations, ensure the concepts of co-production are used, with groups representative of Barnet's diverse population and its vulnerable population groups. This will increase engagement and support equitable access to measures supporting ageing well across the life course:
 - Enhance access and provision of health promotion and prevention services.
 - Develop appropriate campaigns, information, and advice to promote ageing well.
 - Strengthen Health Protection Programmes.
 - Encourage Proactive and Integrated Health and Social Care.
 - Enhance Falls Prevention and Frailty Support.
 - Promote Social Inclusion and Connectivity.
 - Create environments that promote ageing well.
 - Promote ageing well for people who have additional needs.
 - Support ongoing work to understand and address the needs of Barnet's population to Age Well.

Annual Director of Public Health Report 2024/25 (see Appendix C)

1.12 The theme of the Annual Director of Public Health Report for 2024/25 is 'Ageing Well'. This report serves as a platform to advocate for the health of the diverse population in Barnet and to provide leadership for health improvement and protection within the system. It compiles information, data, and future requirements related to the various factors that impact ageing well. The report is a resource for stakeholders and the public, offering insights into current priorities and recommendations to support ageing well.

2. Alternative Options Considered and Not Recommended

2.1 The board not noting the findings of the health needs assessment and not endorsing future work. This alternative is not recommended, as the Ageing Well Needs Assessment and Recommendations were created with consultation from a range of stakeholders. This report compiles the necessary evidence to inform evidence-based measures which support ageing well across Barnet.

3. Post Decision Implementation

3.1 Recommendations are shared with relevant partners for their consideration and incorporated into existing Ageing Well and Age-Friendly workstreams.

3.2 Where recommendations are outside the scope of existing workstreams, to develop an action plan for progressing this work.

4. Corporate Priorities, Performance and Other Considerations

Corporate Plan

4.1 Our plan for Barnet 2023-26 centres around being a council that care for people, our places, and the planet. The Barnet Ageing Well Health Needs Assessment and the Annual Director of Public Health Report fits with caring for people and places which all have an impact on health outcomes. There is also consideration for the planet within recommendations in environments which promote ageing well.

Corporate Performance / Outcome Measures

4.2 The Ageing Well Health Needs Assessment and Director of Public Health Annual report sit under Key Area 2 of the Health and Wellbeing Strategy (Starting, Living and Ageing Well).

4.3 The Barnet Joint Strategic Needs Assessment (JSNA) includes indicators for 'Age Well' in relation to mortality and health. There are also indicators under 'Live Well' which help understand how well Barnet's population will age in the future. This includes fuel poverty, the proportion of the eligible population receiving NHS health checks and smoking prevalence.

Sustainability

4.4 There are no direct sustainability implications from noting the recommendations.

Corporate Parenting

4.5 The Ageing Well Health Needs Assessment and Director of Public Health Annual Report. focuses on determinants of Ageing Well from the perspective of adult health. However, it is recognised that the factors influencing ageing well can start earlier in life. The Public Health Start and Grow well team incorporate actions which are health promoting and protective, but these are outside of the direct scope of this work.

Risk Management

4.6 There are not direct risks in relation to the Ageing Well Health Needs Assessment or the Director of Public Health's Annual Report as they are standalone pieces of work.

4.7 Content and recommendations have been produced with engagement of stakeholders, to mitigate the risk of data and health and wellbeing needs being overlooked and content has been adapted in response to feedback.

4.8 Public health report to the Barnet Borough Partnership Ageing Well workstream and form part of the Age Friendly Barnet Steering Group.

Insight

4.9 Insight and data have been used to create these recommendations to ensure that recommendations are evidence-based. Data was reviewed and the reports considered historical trends where data for this was available, this includes the impact of the COVID-19 pandemic on trends reported.

4.10 The document is extensively referenced to ensure that data sources are clear.

- 4.11 The quality of the data was also considered throughout and known limitations discussed throughout the report. When data was insufficient these informed recommendations to improve the quality of future analysis.
- 4.12 Analysis was completed with the support of the Intelligence and Insight team and Data Analyst.
- 4.13 External benchmarking was used for indicators around health protection – looking at national targets for vaccination coverage. This is highlighted where relevant in the reports.
- 4.14 Data comes from a range of publicly and non-publicly available data sources. All reported data within the document is appropriately aggregated to maintain confidentiality and is in line with data protection guidelines.
- 4.15 Recommendations are made for evaluation of local data. This fits in with the JSNA and also the NCL population health outcomes framework.

Social Value

- 4.16 The recommendations from the Ageing Well Health Needs Assessment and Annual Director of Public Health Report highlight the need to reduce health inequalities and support ageing well across all determinants of health. Cross-cutting themes in the recommendations include safeguarding the natural environmental and its benefits for health outcomes in later life, inclusive employment and housing environments, and benefits of prioritising prevention and early intervention.

5. Resource Implications (Finance and Value for Money, Procurement, Staffing, IT and Property)

- 5.1 There are no current financial implications associated with the recommendations of this report over and above existing financial commitments.

6. Legal Implications and Constitution References

- 6.1 Under the Council's constitution, Part 2B of the Terms of Reference & Delegation of Duties to Committees and Sub-Committees, the Health and Wellbeing Board has the following responsibilities:
- To agree a Health and Wellbeing Strategy (HWBS) for Barnet taking into account the findings of the JSNA and strategically oversee its implementation to ensure improvement of population outcomes and plans to tackle health inequalities. The Joint Health and Wellbeing Strategy (JHWS) should directly inform the development of joint commissioning arrangements in the local area, and the coordination of NHS and local authority commissioning, including Better Care Fund plans.
 - To work together to ensure the best fit between available resources to meet the health and social care needs of the whole population of Barnet, by both improving services for health and social care and helping people to move as close as possible to a state of complete physical, mental, and social wellbeing.
 - Specific responsibilities for overseeing public health and promoting prevention agenda across the partnership.

7. Consultation

7.1 The Ageing Well Health Needs Assessment involved consultation with stakeholders from the wider council, healthcare partners and voluntary and community organisations. This helped guide the content and recommendations for the report. Survey Data from the Age Friendly Barnet Engagement work was also used in the report to understand the views of older adults in Barnet.

7.2 The Director of Public Health Annual Report involved consultation with Age UK Barnet in writing content for Age Friendly Barnet work, and the wider Public Health team.

8. Equalities and Diversity

8.1 The Health Needs Assessment and Director of Public Health Annual report consider a 'whole systems' approach to Ageing Well. Specific needs of vulnerable population groups and populations experiencing poorer health outcomes have been included throughout the Needs Assessment. Recommendations have focus on these groups. There is an overarching recommendation to ensure the concepts of co-production are used, with groups representative of Barnet's diverse population and its vulnerable population groups. This will increase engagement and support equitable access to measures supporting ageing well across the life course.

9. Background Papers

9.1 [Chief Medical Officer's annual report 2023: health in an ageing society - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/118222/Chief-Medical-Officer-Annual-Report-2023-Health-in-an-ageing-society.pdf)

9.2 [NHS Long Term Plan » Cardiovascular disease](https://www.longtermplan.nhs.uk/long-term-plan/long-term-plan-cardiovascular-disease/)